



GARY M. HOLT, D.D.S., P.C.
personalized orthodontics

Graduation

Congratulations, we no longer need to see you for regular appointments. Continue to wear your retainers at nighttime for lifetime. If you are not already, get into the routine of putting your retainers in when you go to bed and taking them out in the morning. If you loose, break or anything else happens to your retainers then call our office to schedule an appointment.